

FreeSpirit

## Delightful Garden Pillows

**Skill Level:**  
Beginner/Easy

**FreeSpirit  
presents:**  
The Garden of  
Earthly Delights  
fabric by Studio  
KM



|                       |                   |
|-----------------------|-------------------|
| <b>Technique:</b>     | Sewing            |
| <b>Designed By:</b>   | Karen Schaphorst  |
| <b>Brand:</b>         | FreeSpirit Fabric |
| <b>Crafting Time:</b> | Day               |

Drawing inspiration from classical Rome, Greece and colonialism, Studio KM introduces the debut collection for FreeSpirit Fabric. The studio's distinctive use of color and hand-drawn imagery make for a unique body of work soaked in narrative and detail.

**Pillow 1 (pictured in the background):**  
**Finished Size:** 18" (46cm)

### **Fabric Requirements:**

Fabrics from FreeSpirit The Garden of Earthly Delights collection by Studio KM

(A) PWKM006.8TEAL 5/8 yd (.57m)

(B) PWKM001.8TEAL 3/4 yd (.69m)

### **Additional Supplies :**

Coats Dual Duty XP® General Purpose Thread to coordinate with fabrics  
2½ yds (2.3m) of 3/8" (1.0cm) wide cotton filler cord  
18" (46cm) square pillow insert  
(2) 7/8" (2.2cm) x 19" (48cm) strips of light weight, double-sided fusible web

Pillow 2 on next page...

[makeitcoats.com](http://makeitcoats.com)

[freespiritfabric.com](http://freespiritfabric.com)

FS0352

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Make it  
COATS

## Pillow 2 (pictured in the foreground):

**Finished Size:** 16" (40.6cm)

### Fabric Requirements:

**Fabrics from FreeSpirit The Garden of Earthly Delights collection by Studio KM**

**(A)** PWKM006.8TEAL (1) fat eighth or 9" x 22" (22.9cm x 55.9cm)

**(B)** PWKM001.8TEAL ½ yd (.46m)

**(C)** PWKM008.8TEAL ½ yd (.46m)

### Additional Supplies:

Coats Dual Duty XP® General Purpose Thread to coordinate with fabrics

2 yds (1.8m) ¾" (1.0cm) wide cotton filler cord

16" (40.6cm) square pillow insert

3 Pack Flat Cover Buttons - size 45 – 1½" (2.8cm)

3¾" x 17" (9.8cm x 43.2cm) piece of light weight, double-sided fusible web

### Additional Requirements:

Water soluble fabric marking pen

Rotary cutter/mat/ ruler

Iron, pressing board

Hand sewing needle

Sewing machine

Zipper foot for sewing machine

## Pillow 1 Instructions:

### Cutting Instructions:

#### Fabric A, cut:

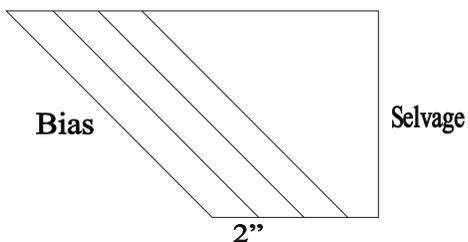
(1) 19" (48cm) square for pillow front

#### Fabric B, cut:

(1) 19" (48cm) square for pillow back

(2) 2" (5.1cm) x 19" (48cm) accent strips

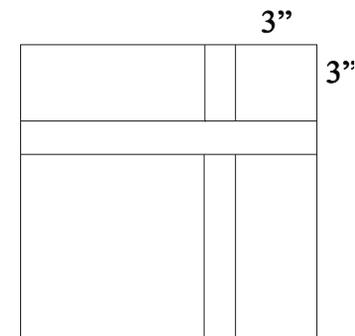
Enough 2" (5.1cm) wide bias strips to equal 78" (198.1cm) long when sewed together for piping



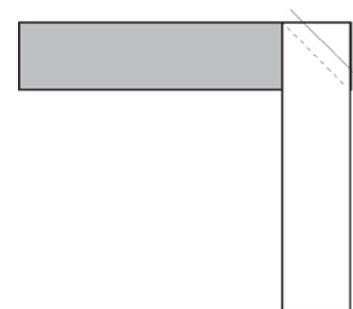
### Sewing Instructions

1. Press the long edges of each Fabric **B** accent strip ½" (1.3cm) to the wrong side. Following manufacturer's instructions, remove the paper from one side of each fusible web strip, then center and fuse to the wrong side of each accent strip.
2. Place the Fabric **A** pillow front face up on flat surface. Measure 3" (7.6cm) in from the upper right corner and mark vertically along the length of the pillow front using the fabric marking pen. Measure 3" (7.6cm) down from the upper right corner and mark horizontally across the pillow front. Place an accent strip right side up along the vertical marking and

fuse in place. Place the other accent strip right side up along the horizontal marking overlapping vertical strip. Fuse in place. Machine appliqué the folded edges of the accent strips.



3. To make a continuous bias strip: Square up the short ends of the 2" (5.1cm) wide bias strips. Pin the short ends of 2 strips at right angles, right sides together. Stitch diagonally across the strips. Trim seam allowance to ¼" (.64cm) and press open. Continue in the same manner, adding enough bias strips to equal 78" (198.1cm) long.



4. Fold the pieced bias strip lengthwise in half, wrong sides together. Place a 78" (198.1cm) length of cotton cording inside the bias strip up against the fold. With raw edges aligned, sew along the edge of the cording using a zipper foot with the needle position to the left, encasing the cording.
5. Leaving a 1" (2.5cm) tail, pin the covered cording (piping) to the outer edges of front pillow aligning raw edges (the piping will be laying on top of the pillow front). Use a zipper foot to baste in place. To square the piping around the corner, clip seam allowances just to the stitching line and at each side of the corner. This allows pivoting around the corners and to help the piping lie flat. Stop stitching 2" (5.1cm) from where you began. Trim the bias strip ends so they overlap approximately 1" (2.5cm).
6. Join the ends by removing approximately 1" (2.5cm) of the stitching from one end of the piping. Cut the cotton cord (not the bias strip) so the cord ends meet without overlapping. Fold the bias strip under ½" (1.3cm), then wrap around the other end. Align and baste to the pillow front.
7. With right sides together and raw edges even, pin pillow front to back. Stitch, using a ½" (1.3cm) seam allowance with the zipper foot all the way around, leaving an opening for turning and stuffing.
8. Trim seam allowances across corners to eliminate bulk. Turn right side out and press.
9. Insert pillow form through opening. Turn under open ends and slipstitch edges closed. Edgestitch allowances in place, catching ends of tie bands. Finish lower edge in same manner.

## Pillow 2 Instructions:

### Cutting Instructions

#### From Fabric A, cut:

(1) 5" x17" (12.7cm x 43.2cm) accent strip

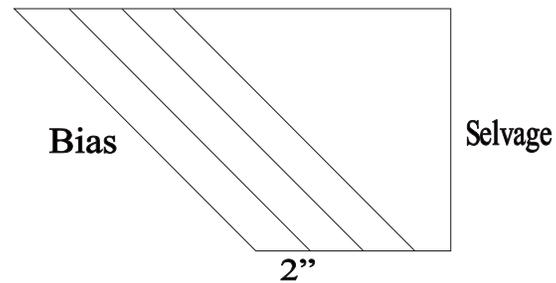
#### From Fabric B, cut:

(1) 17" (43.2cm) square for pillow front

#### From Fabric C, cut:

(1) 17" (43.2cm) square for pillow back

Enough 2" (5.1cm) wide bias strips to equal 72" (182.9cm) long when sewed together for piping

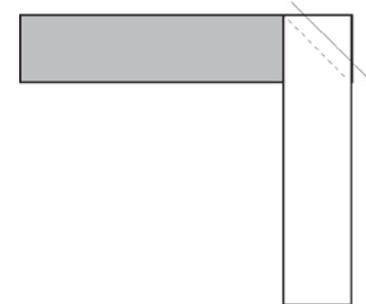


Reserve remaining fabric to cover buttons

### Sewing Instructions

1. Press the long edges of the Fabric A accent strip ½" (1.3cm) to the wrong side. Following manufacturer's instructions, remove the paper from one side of the fusible web piece, then center and fuse to the wrong side of the accent strip.

2. Place the Fabric B pillow front right side up on a flat surface. Measure 4" (10.2cm) from left edge and mark using the fabric marking pen. Remove the paper backing from the fusible web and fuse the accent strip along the marking. Machine appliqué the folded edges of accent strip to complete the pillow front.
3. To make a continuous bias strip: Square up the short ends of the Fabric C 2" (5.1cm) wide bias strips. Pin the short ends of 2 strips at right angles, right sides together. Stitch diagonally across the strips. Trim seam allowance to ¼" (.64cm) and press open. Continue in the same manner, adding enough bias strips to equal 72" (182.9cm) long.



4. Fold the pieced bias strip lengthwise in half, wrong sides together. Place a 72" (182.9cm) length of cotton cording inside the bias strip up against the fold. With raw edges aligned, sew along the edge of the cording using a zipper foot with the needle position to the left, encasing the cording.

5. Leaving a 1" (2.5cm) tail, pin the covered cording (piping) to the outer edges of front pillow aligning raw edges (the piping will be laying on top of the pillow front). Use a zipper foot to baste in place. To square the piping around the corner, clip seam allowances just to the stitching line and at each side of the corner. This allows pivoting around the corners and to help the piping lie flat. Stop stitching 2" (5.1cm) from where you began. Trim the bias strip ends so they overlap approximately 1" (2.5cm).
6. Join the ends by removing approximately 1" (2.5cm) of the stitching from one end of the piping. Cut the cotton cord (not the bias strip) so the cord ends meet without overlapping. Fold the bias strip under ½" (1.3cm), then wrap around the other end. Align and baste to the pillow front.
7. With right sides together and raw edges even, pin pillow front to back. Stitch, using a ½" (1.3cm) seam allowance with the zipper foot all the way around, leaving an opening for turning and stuffing.
8. Trim seam allowances across corners to eliminate bulk. Turn right side out and press.
9. Insert pillow form through opening. Turn under open ends and slipstitch edges closed.
10. Following manufacturer's directions, cover the three buttons using reserved Fabric **B**. Hand stitch to the center of the accent strip as shown.



### Pillow 2 (pictured in the foreground): Fabric Key

- (A) PWKM006.8TEAL
- (B) PWKM001.8TEAL
- (C) PWKM008.8TEAL



(A)



(B)



(C)

### Pillow 1 (pictured in the background): Fabric Key

- (A) PWKM006.8TEAL
- (B) PWKM001.8TEAL



(A)



(B)